

DIVERSITY & INCLUSION NEWSLETTER

PANHELLENIC ASSOCIATION AT THE UNIVERSITY OF KANSAS



OCTOBER IS:

1 -Global Diversity
Awareness Month

2 -LGBT History
Month

3-National
Disability
Employment
Awareness Month

GLOBAL DIVERSITY AWARENESS MONTH

CELEBRATING THE VALUES AND CONTRIBUTIONS OF
DIVERSE CULTURES AND COMMUNITIES IN OUR WORLD

This October, celebrate Global Diversity Awareness Month (GDAM) and all of our differences that make us unique. GDAM reminds us that diversity is important and makes us all better individuals. From enhancing our social development and widening our circles, increasing self-awareness, and expanding our knowledge on different cultures, GDAM shows the positive impacts of providing an inclusive environment.



LGBT+ HISTORY MONTH

LGBT+ History Month was first celebrated in the US in 1994. October was selected to coincide with National Coming Out Day and the anniversary of the first march on Washington for gay and lesbian rights in 1979. Dedicated to LGBT+ activists and leaders, the month celebrates the history of LGBT+ rights and related movements.

NATIONAL COMING OUT DAY

The Center for Sexuality and Gender Diversity will be recognizing KU Coming Out Day on October 8th. From 11am-1pm, stop by the Center for pride flags and to celebrate #OUTober!

WHAT IS COMING OUT?

Coming out is a two step process in which a person:

1. Comes out to themselves; acknowledging, accepting and loving who they are.
2. Willingly shares their identity with others.

HOW TO SUPPORT A LOVED ONE WHO COMES OUT TO YOU:

- Respect their privacy and don't pry
- Recognize that coming out can be extremely hard and sometimes dangerous
- Ask them how they are feeling and how they would like to be supported

RESOURCE GUIDES

- LGBTQIAP+ Inclusivity [Quick Guide](#)
- GLAAD's Media [Reference Guide](#)

NATIONAL DISABILITY EMPLOYMENT AWARENESS MONTH

"The purpose of National Disability Employment Awareness Month is to educate about disability employment issues and celebrate the many and varied contributions of America's workers with disabilities. Held annually, National Disability Employment Awareness Month is led by the U.S. Department of Labor's Office of Disability Employment Policy."

<https://www.dol.gov/agencies/odep/initiatives/ndeam>

IMPORTANT DATES

1: NATIVE AMERICAN WOMEN'S EQUAL PAY DAY

Aims to raise awareness for the pay gap of 57 cents between Native American women and white men.

4: ST. FRANCIS DAY

Catholic, commemorates the life of St. Francis, patron saint of animals and the environment.

6-14: NAVARATRI

Hindu festival celebrating the triumph of good over evil.

Depending on the region, people may celebrate with reflection and fasting or dancing and feasting.

10: WORLD MENTAL HEALTH DAY

Raises awareness of mental health issues globally and mobilizes efforts to support mental health services.

11: NATIONAL COMING OUT DAY

Annual LGBT+ awareness day to support lesbian, gay, bisexual, transgender, and queer individuals coming out.

11: NATIONAL INDIGENOUS PEOPLES DAY

Gives recognition to indigenous people and honors their cultures and histories.

18-19: EID MILAD UN-NABI

Islamic holiday commemorating the birthday of the prophet Muhammad.

20: INTERNATIONAL PRONOUNS DAY

Seeks to normalizing respecting, sharing, and educating about personal pronouns.

15: END OF HISPANIC HERITAGE MONTH

Honors the history and culture of Latinx and Hispanic communities in our nation.

29: LATINA WOMEN'S EQUAL PAY DAY

Aims to raise awareness for the pay gap of 55 cents between Latina women and white men.



[CLICK HERE FOR THE FULL CALENDAR!](#)

CHAPTER UPDATES

ALPHA CHI OMEGA

"Alpha Chi recently just elected two positions on the team DEI assistant and cultural chair with our very own Tian and Sabine! For Hispanic Heritage Month we will have an authentic Mexican food catered to our house to support a local company and get a real taste of some Mexican culture. I also shared some facts about Hispanic Heritage Month during chapter. Lastly, in October it will be Domestic Violence Month, which is our very own philanthropy, we will be putting together women hygiene kits to donate. " -Melisa Martin del Campo, VP Diversity, Equity, and Inclusion

ALPHA DELTA PI

"ADPi hosts weekly DEI Committee meetings, where all members are invited to discuss a relevant topic as well as what's being planned for DEI initiatives in our chapter. We will also be having a presentation in chapter about inclusivity!" -Sarah Gress, Director of Inclusion

SIGMA KAPPA

"In October, during Sigma Kappa's informal chapter meeting we will be having Representative Christina Haswood speak. She has made history as one of the youngest representatives to be sworn in, as well one of the few Native American representatives in Kansas." -Beth Davis, DEI Chair

PHA UPDATES

WANT TO GET MORE INVOLVED WITH THE PANHELLENIC COMMUNITY?

JOIN THE 2022 PANHELLENIC EXECUTIVE BOARD!

APPLICATIONS LIVE NOW UNTIL OCT. 24. MORE INFORMATION CAN BE FOUND ON THE
KU PANHELLENIC WEBSITE AND ON ROCK CHALK CENTRAL.

MEET THE COMMITTEE & HEAR WHY THEY WANTED TO BE A PART OF THE 2021 PHA DEI COMMITTEE

HAILEY BURGESS: KAPPA ALPHA THETA

Sophomore, Applied Behavioral Science, Pre-OT
Overland Park, KS

"I really wanted to make an impact on the Panhellenic community. I strongly believe that there will always be work to be done. I had lots of ideas I was able to contribute and begin making change in our community. I hope to continue to ignite change and challenge the Panhellenic community to live up to its commitment of diversity and inclusion."

FRANCESCA ONOFRIO: ALPHA DELTA PI

Freshman, Journalism
Chicago, IL

"I wanted to become involved with diversity and inclusion because I wanted to help everyone feel included no matter who you are in sorority life. I want everyone in the Panhellenic community to feel like they belong. I have many ideas and goals that I would like to help implement."

MALLORY FOLSOM: CHI OMEGA

Junior, Behavioral Neuroscience, Pre-Med
Basehor, KS

"I wanted to provide a voice for those in PHA affected by invisible illnesses and disabilities!"

SHELBY SPENCER: KAPPA KAPPA GAMMA

Junior, Business Marketing and Economics
Plano, TX

"I wanted to help create a more inclusive environment and make impactful changes to the panhellenic community. I wanted everyone to feel included, no matter their age, sexuality, race, religion or disability."

CAMPUS RESOURCES

SEXUAL VIOLENCE

KU's CARE (Campus Assistance, Resource, and Education) Coordinator

Provides free and confidential services to all students impacted by gender based violence. Connects students to various resources including: therapeutic support, advocacy, emotional support while filing reports, and help accessing medical care.

(785) 864-9255

care@ku.edu

studenthealth.ku.edu/sexual-assault

The Sexual Assault Prevention and Education Center (SAPEC)

SAPEC promotes social change and the elimination of sexual violence through prevention education, inclusive programming, and campus wide collaboration.

(785) 864-5879

sapec.ku.edu

MENTAL HEALTH SUPPORT

Counseling and Psychological Services

CAPS helps students with issues related to adjusting to college and other psychological, interpersonal, and family problems. Individual sessions, group sessions and psychiatric services are available.

(785) 864-2277

caps.ku.edu

National Suicide Prevention Lifeline

Available 24/7. People may call for themselves or for a loved one who is struggling. Trained crisis workers are available to talk, assess the level of risk, and develop a plan to help keep the person safe.

1-(800) 273-TALK

REPORTING

Office of Civil Rights and Title IX

Serves as a neutral and unbiased resource for students, faculty, and staff who wish to report an allegation of discrimination, harassment, sexual misconduct, sexual violence and/or retaliation.

(785) 864-6414

civilrights@ku.edu

Legal Services for Students

Provides students with advice, representation, and education with commonly occurring legal issues.

(785) 864-5665

legals@ku.edu

DIVERSITY AND EQUITY

The Office of Diversity & Equity

Leads and facilitates the development of institutional policies and protocols intended to create a more representative, equitable, and inclusive KU.

(785) 864-4904

diversity@ku.edu

Emily Taylor Center for Women & Gender Equity

ETCWGE seeks to support the personal, educational, and professional success of students through challenging patriarchal norms which impede full access to the university. Provides consultation and personal advising, scholarships and aid, and resources for student parents.

(785) 864-3552

emilytaylorcenter.ku.edu

Center for Sexuality & Gender Diversity

Strives to build an inclusive campus community by providing social justice-based education, resources, programming, events, training, and support for queer and trans students, staff and faculty at the intersections of identity.

(785) 864-4256

sgd@ku.edu

Office of Multicultural Affairs

Provides support and services for current and prospective students from historically marginalized populations. Programs and services enhance the retention and persistence of students, while supporting their academic, personal and professional development.

785-864-4350

oma@ku.edu

oma.ku.edu

CONTACT INFO:

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DIVERSITY AND INCLUSION
AT THE UNIVERSITY OF KANSAS

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Office Hours:

Friday 11:30a-2:30p

SFL Conference Room 2

Kansas Memorial Union